

Remarkable Achievement of WONG Man Yi Rachel at Acrobatic Gymnastics National Championships 2017

Miss WONG Man Yi Rachel (Year 3, Division of Life Science) is an elite athlete in Acrobatic Gymnastics. She represented Hong Kong in "Level 6 Mixed Pair Category" at the Acrobatic Gymnastics National Championships 2017. The competition was taken place from 22 to 26 Nov 2017 in Jiangsu which attracted all top acrobatic gymnasts from China to compete with each other.

In a typical acrobatic gymnastics competition, gymnasts need to work together and perform in the balance, dynamic and combined routines. Rachel, together with her partner, captured the 1st position in all three routines. Although one of their routines was slightly flawed, they remained confident and had made a good show to win other two routines.



Rachel (2nd from the right) departs with the Hong Kong delegation.



Rachel demonstrates her strength, poise and flexibility in the balance routine.



Rachel shows an elegant ending pose in the combined routine.



Rachel performs the somersaults during the dynamic routine.



Rachel (green gymnastics leotards with gold medal) ranks first in Level 6 Mixed Pair Category.

Hard work pays off! Please join us to celebrate the great achievement of Rachel in this competition.