

Sports Leaders trained to prepare for the 2019-20 Session

On 30 and 31 May 2019, 36 Sports Leaders from 17 sports took part in the HKUST Sports Leader Training Camp jointly organized by the HKUSTSU Sports Association and Dean of Students' Office.

The training camp aimed to provide an environment for sports leaders to learn, especially to develop their leadership qualities including team work, cooperation, courage, leadership skills, social skills, and appreciation.

The ice-breaking and discussion sessions conducted by Staff from the Sports Development were held at the beginning to facilitate Sports Leaders getting prepared for the camp challenges.



Sports Leaders are discussing possible ways to solve the tasks.



Sports Leaders take up different roles to prepare their dinner.

Sports Leaders learnt how to complete a task by controlling the budget in the Wild Challenge. They enjoyed and experienced the meals prepared by fellow students.





Sports Leaders discuss and share their views in the Wild Challenge.

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Through taking up different roles in completing the Kayaking Challenge, they learnt to work as a team on problem solving.





Participants work together and help each other to finish different tasks arranged in Kayaking Challenge at the open water.

After 2 days of learning activities, Sports Leaders got a lot of good memories and achieved the learning outcomes. They built up the friendship like a family and promised to support each other in the new season.



A good memory to have a selfie with the fellow students.



HKUST Sports Leaders and Sports Advisors!