

2017 Experience Sports Workshop

The 2017 Experience Sports Workshop was held successfully on 30 and 31 August 2017. A total of 31 and 37 sports leaders from 8 sports, including Dodgeball, Kendo, Soccer, Squash, Taekwondo, Tai Chi, Rope Skipping as well as Wing Chun, co-organized the workshop in these two days respectively. Almost 500 new students enjoyed experiencing the key features of at least two sports that were available in HKUST under the supervision of the trained sports leaders.



Students enjoy playing football.



Participants have good trials of using Shinai.



Sports leaders of rope skipping team elaborate the rules of the sport.



Students engage in the squash workshop.



Students practice "sticky hands" in Wing Chun workshop.



Tai Chi sports leaders demonstrate the skills to the students.



Students start the Dodgeball game by jumping ball.



Students try to practice the sidekick.