Sports@HKUST

Sports draw people together in HKUST and foster a spirit of belonging and dedication while having fun. The Sports Development of SAO is committed to helping students maintain a balanced lifestyle through engaging in Healthy Lifestyle Course, intramural and intervarsity sports events.

HKUST Sports Teams Flag Presentation Ceremony

Sports is an important part of students' experience at HKUST. At the start of Fall Term, University Senior Officials will commission all HKUST athletes to the inter-varsity competitions organized by University Sports Federation of Hong Kong, China (USFHK), empowering student team captains to lead their teams to victory.

Regular practices and competitions polish up students' sports skills and allow them to practice sportsmanship, perseverance and team work in real authentic environments. Other students share the joy and excitement as spectators and the pride as our sports teams compete for HKUST and display outstanding sportsmanship. Together, we strive for a common goal.



Korfball (合球) Badminton (羽毛球) Rugby (欖球)

Sports Clubs & Teams

There are 35 sports clubs that are affiliated to the Students' Union. The sports clubs organize a wide range of sports activities for their fellow students and also take the lead in organizing annual sports tournaments for their local and overseas counterparts.

- Archery (射箭)
- Badminton (羽毛球)
- Basketball (籃球)
- Cricket (板球)
- Cross-country (越野跑)
- Dance (舞蹈)
- Dodgeball (閃避球)
- Dragon Boat (龍舟)
- Fencing (劍擊)
- Football (足球)
- Gym and Fitness (健身與健康) Taichi (太極)
- Handball (手球)
- Judo (柔道)
- Karate (空手道)
- Kendo (劍道)
- Korfball (合球)
- Netball (投球)

- Rope Skipping (跳繩)
- Rowing (划艇)
- Rugby (欖球)
- Shaolin Martial Arts (少林武術)
- Softball (壘球)
- Sport Climbing (運動攀登)
- Squash (壁球)
- Swimming (游泳)
- Table Tennis (乒乓球)
- Taekwondo (跆拳道)
- Tchoukball (巧固球)
- Tennis (網球)
- Track and Field (田徑)
- Volleyball (排球)
- Water Polo (水球)
- Wing Chun Martial Arts (詠春武術)
- Woodball (活木球)

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Participation in Sports Competitions

HKUST sports teams take part actively in the following annual sports competitions organized by the University Sports Federation of Hong Kong, China (USFHK) from September to April, competing against student athletes in other twelve local tertiary institutions:

- Aquatic Meet
- Athletic Meet
- Badminton
- Basketball
- Cross-country
- Dragon Boat
- Fencing
- Handball
- Karate

- Rugby
- Soccer
- Squash
- Table Tennis
- Taekwondo
- Tennis
- Volleyball
- Woodball





Women's Soccer (女子足球)



Table Tennis (乒乓球)

Our teams are enthusiastic participants in joint university and open sports competitions in archery, cricket, dance, kendo, korfball, netball, rope skipping, rowing, softball, sport climbing and tchoukball.





For more information on Sports Clubs and Teams





For joining University sports teams or seeking advice on intervarsity sports competitions